



Health & Safety

HEALTH & SAFETY

- To stay safe online, I should not give out any personal information.
- The legal age for most social media platforms is 13 years old.
- People are not always who they say they are online.
- Safe touches are touches that keep children safe. These include hugging, pats of the back, and an arm around the shoulder.

SEX EDUCATION



Sex Education

- Men and women's bodies are different and develop during puberty.
- When going through puberty, girls will start their periods.
- When going through puberty, boys will start to have wet dreams.
- Sexual reproduction is the process in which new organisms are created and in humans, a baby is produced.
- Sexual intercourse is the journey that happens to make a baby.



Community

COMMUNITY

- First aiders have a vital role within all communities
- First aid is the immediate treatment given to an injured or ill person before professional medical help arrives
- What3Words is an app that can be used to help you give your location to the emergency services
- DR ABC (Danger, Response, Airway, Breathing and Circulation) can be used to help remember how to conduct a primary survey when assessing a patient
- If someone is unconscious but not breathing, they should be placed into the recovery position

RELATIONSHIPS



Relationships

- Marriage is the legally recognised union of two people in a personal relationship.
- Trust is the firm belief in the reliability, truth or ability of someone or something.

Key vocabulary and meanings

***Puberty** - when a child's body begins to develop and change as they become an adult.

***Institution** - a social structure in which people cooperate and which influences the behaviour of people and the way that they live.

Key Stage - the groups that have been set up in schools. There are 5 Key Stages to your education. Key Stage 2 includes Year 3 to 6. Key Stage 3 includes Year 7 to 9.

Late - you use 'late' when you are talking about someone who is dead, especially someone who has died recently.