



Physical Education Curriculum Intent Statement



At Westacre Middle School, we aim to foster a life-long love of learning, through adopting a practical and cross-curricular approach. Our Creative Curriculum aims to deliver a world class education that will equip our children with the skills required to be independent and responsible citizens. The curriculum matches our whole school vision, which fosters an atmosphere of inspiration, challenge and achievement. “Inspire. Challenge. Achieve”

Why do we teach PE?

PE is an important component in our vision to prepare every child for their future. Our curriculum has been designed to ensure every learner is challenged, and inspired, through a wide range of sports and physical activities.

In KS2, children apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. Children communicate, collaborate and compete with each other whilst developing an understanding of how to improve in different physical activities and sports. Children also learn how to evaluate and recognise their own success.

In KS3, children learn to become competent, confident and expert in their techniques, and apply them across different sports and physical activities. They understand what makes a performance effective and how to apply these principles to their own and others' work. There are opportunities to compete in sport and other activities and children recognise that this builds character and helps to embed values such as fairness and respect.

Our PE lessons provide opportunities for children to develop their physical, cognitive and social skills whilst ultimately establishing a love of sport. Children will understand the importance of maintaining a healthy, active and balanced lifestyle and we hope to inspire children to regularly participate in extra-curricular sport.

Key Concepts in PE

Key concepts tie together the subject topics into meaningful schema within our skills progression maps. The same concepts are explored in a wide breadth of topics across all year groups. Through this 'forwards-and-backwards engineering' of the curriculum, students return to the same concepts over and over and gradually build understanding of them. In PE, the key concepts are Skill Acquisition, Teamwork and Leadership, Performance Analysis and Healthy Active Lifestyle.

Knowledge Categories in PE

Knowledge categories in each subject gives students a way of expressing their understanding of the key concepts and linking their learning across the year groups. In PE, the knowledge categories are Fundamental Movement Skills, Practise, Application, Application, Cooperation, Communication, Coaching, Technical Vocabulary, Feedback, Self-reflection, Exercise, Nutrition, Inspirational People and Careers.

SMSC Links

Physical Education provides a platform for children to develop holistically through sport and physical activity. It allows children to put themselves into an environment in which skills that are utilised within a game situation can be extended into the wider community. Sporting icons can inspire children to be successful regardless of their culture and background and that, by participating with others different to themselves, social barriers can be broken down and diversity can be celebrated together in sport.

Spiritual: Helps children to use imagination and creativity to be successful in competitive sporting situations. They will feel a sense of enjoyment learning new physical skills and then utilising in house competitions or when representing the school sports team.

Moral: Helps children to understand that it is important to show sportsmanship in games, respecting the rules of the game, and recognise that a sporting officials' viewpoint may be different than their own.

Cultural: Helps children to play as part of a team despite any differences in faith or culture, and recognise that they are all playing to achieve a common goal.

Social: Helps children to communicate effectively with others and cooperate as a team to play to the best of their ability. Children are also given the opportunity to lead warm ups and activities which develops their confidence.

Curriculum Drivers

How we promote Communication: This is a key aspect in PE throughout each lesson. Children are encouraged to coach and support each other to help one another improve on their performance in whatever area they are studying, e.g. in javelin, children will take notice of their partners stance and offer advice on how to correct it; they will also watch and give feedback following the throw of the javelin using the language taught to them at the start of the lesson by the teacher or through help sheets.

How we promote Aspirations: At the start of each PE lesson, videos and/or websites are shown linked to the lesson. This is to show them how PE is linked to real-life sports and sporting heroes. These are also apparent on the knowledge webs which are shared each lesson, e.g. in netball, our local Worcester Severn Stars are promoted so that the children know where they can watch or attend netball sessions. Careers within sports are also promoted as discussion points so that children can begin to think of what a career in sports could involve.

How we promote Diversity: Our PE curriculum is varied so that we cater to our diverse needs and ensure that all children can achieve no matter what their ethnic background or needs. With the sporting stars we show in each lesson, we try to offer a range of people from different backgrounds, countries and abilities, e.g. Paralympians are shown in the athletics unit as well as Olympians.